



LEMON BALM COLLECTION

Important Information

A calming herbal range that supports mood, sleep, digestion and the nervous system.

Benefits

- Reduces stress & anxiety
- Supports restful sleep
- Calms the nervous system
- Soothes digestive discomfort
- Supports emotional balance

Products

- Lemon Balm Sleep Tincture
- Lemon Balm Relaxation Balm
- Lemon Balm Herbal Tea
- Lemon Balm Body Oil

Ingredients

Lemon balm, lavender, chamomile, honey, jojoba oil, tallow, essential oils.

How to Use

- Use tincture before bed.
- Apply balm to temples or chest during stress.
- Drink tea morning or night.

Disclaimer
May cause drowsiness. Avoid before driving.